*Cover Letter*

*Asalam O alaikum*

*I would like to introduce myself and give a overview of the services I could possibly provide for Naya Pakistan a wish and hope most of us overseas pakistanis have dreamt of all the time when working abroad …*

*My name is Dr Zobia Younes I am a GP (General practitioner) based in the UK ,I am a member of the Royal College of GPs*

*I was born in Abbottabad Pakistan ,but raised in The Netherlands till I was 10 year years old,My Father has been settled in the Netherlands for over 45 years now and worked for PIA in the golden days*

*I studied and graduated from Ayub Medical College Abbottabad Pakistan*

*After graduation I Did my research Diploma in the Prestigious Erasmus university Netherlands*

*I moved to the UK in 2009 when I got married and been living here since,My husband Dr Nasir Khan is a Consultant In Acute Medicine in the UK*

*I completed My GP training and specialist exams and now working as GP in the North west mainly in Urgent Care Centre and Primary Care*

*Now coming back to my registration for Naya Pakistan Calling I would like to say that for past years when I was training in general practice I felt the vacuum our health care in Pakistan where there is literally no primary care just secondary and tertiary care*

*When I mentioned GP above I am sure people from Pakistan are not even aware that such doctors exists while in UK and other developed countries GPs are the main foundation of health care and first point of access to any patient.*

*MY point is that in Pakistan any person has no named dedicated doctor who knows and has their record*

*People only access doctors when very ill and our dear fellow doctors who specialise in one speciality or the other are seeing patients privately for all sorts*

*THe GP model /primare care in UK is perfectly applicable in Pakistan given support and dedication*

 *Not only me but also other GPs in UK from Pakistan are willing to give expertise and assistance given opportunity*

*I will try to summarise as below and how we can help develop the idea in Pakistan*

*A GP /family doctor here in the UK usually forms a Practice which serves a local community of 12000 patients on average*

*1 GP can have 3000 patients registered under him*

*People get registered with GPs who are local to them,GP practice is responsible to keep full record of all patients from birth to death*

*GP are first point of call for any person registered in that practice under than life threatening illness/injury (which requires A&E)*

*A GP will see and treat any problem and will refer to other specialist if needed*

*A normal GP would treat anything from high blood pressure,Diabetes,infections,gynae problems,paediatrics,minor surgery and the list goes on*

*That not only reduces pressure on hospitals but also gives continuity of care in the community to the grass root level*

*This a very vast area of expertise and very well developed in all modern countries with the UK based GP model followed and admired all over the world*

*I would like to extend and help with any policy making,training of new doctors ,syllabus,primary care enhancement and launch this wonderful system in Pakistan to bring the Naya Pakistan in the modern world.*

*The core message is “WE NEED PRIMARY HEALTH CARE “*

*I wish Naya Pakistan all the best and all my help and support for our great country*

*Pakistan Zindabad*

*Dr Zobia Younes*