

Usman Anwar Dar
(ADNOC, ADCO, DP & TECOM PMC Approved HSE Engineer, Abu Dhabi (OSHAD) Registered OHS practitioner,
Lead Auditor 18001, 2007)

ABU DUBAI, UAE.

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Sub: Application for the post of EHS Engineer

Dear Sir,

I have more than 9 years' experience in field of Environment, Health Safety Management. I have been able to advance in my career through demonstrated initiative and the ability to work effectively under pressure.

I am able to advance my career through demonstrated initiative and versatile, Health and safety professional with proven organizational and administrative skills. Experienced in planning for EHS Management, allocating and evaluating work carried out by individuals and teams, receiving and organizing information for action in the all types of industries include Construction, precast, interiors designs, industrial manufacture companies, and Achieved target key targets through the effective organization, motivation and development of people. A decisive team player, who leads by example and is both flexible and approachable with excellent communication skills, Accustomed to working to tight deadlines and budgets, a proven leader, with strong enthusiastic personality, I am energetic and spontaneity has fully utilized requirements of a Health and Safety Management techniques.

Hold NEBOSH IGC, Trains the Trainer, OHSAS 18001, 2007, OSHA US, ISO 14001, Familiar about local and international environment and OHS Standards and regulations, overall Management and monitoring of Environmental and health impacts and implementation of their Control measures to achieve the integration of environment sustainability objective.

I have enclosed my CV along with this application.

Your favorable reply in these regards will be highly appreciated.

Thanking you.

Yours faithfully,

Usman Anwar Dar

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Usman Anwar Dar

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SUMMARY OF SKILLS

- Team Player with Positive Attitude and have ability to work under stress.
- Strong analytical and procedural approach towards a problem
- Experienced in public speaking; delivered presentations in front of 40+ people.
- Fluent in English, Urdu and Punjabi.
- Computer literate: proficient in MS Office, AutoCAD and MS Visio.

EDUCATION

Bachelor of Science, Chemical Engineering (Specialization in Petroleum and Gas)

*Institute of Chemical Engineering & Technology,
University of the Punjab, New Campus, Pakistan.*

CGPA 3.65

Jan 2006 – Dec. 2009

Intermediate FSc (pre Engineering)

Punjab College of Information Tech, Pakistan.

Sep 2003 – May 2005

WORK EXPERIENCES

Employee

*Studio International Engineering Consultant
Company: Dubai Holding (TECOM,DP)*

May 2017 – Cont.

Projects handling

- *Innovation Hub Project Phase 1*
- *Innovation Hub Infra project PT163/4*
- *P- 123 P05/ Mudon Views*

Project Management Consultant (PMC)

HSE Engineer

Construction to create a vibrant community of innovators exploring new ideas in technology, new media, smart education and the sciences. Innovation Hub will focus on innovation across technology, new media, smart education and sciences. It will nurture talent and creativity, and foster the continued growth of the region's start-up and entrepreneurial landscape. Innovation hub phase 1 included two building and four boutiques and access roads.

- Implementation of TECOM HSE Management System and DM Code of Practices as per legal requirements on construction Projects,
- Review contractor's HSE manuals, Plans, Method Statements as per Client and legal requirements.
- Attending the meetings and giving inputs on Design HSE as per requirements in Life Fire and Code of Practices.
- Facilitate weekly HSE meetings with all members of the HSE Team to review site issues, upcoming initiatives, training programs and areas of risk and welfare concerns.
- Conduct and fill out the annual performance report and OHS appraisal audit for contractors.
- Daily monitoring of all contractors site and advice in safety matters, attend weekly contractors progress meeting.
- Review and approve OHSMS, Project OHS Plan, Emergency Plan and Project risk register etc.
- Review and approve documents such as Lifting plan, emergency plan, welfare plan, road safety plan and etc.
- Management of contractors and subcontractors as well as coordination with Clients for HSE.

- Negotiating with managers and operators to try to eliminate possible conflicts between safety considerations and production/profit.
- Conduct internal audits of project sites and raise NCRs for any breach and monitor & follow up for the closure of NCRs.
- Monitor and maintain HSE compliance with legal and regulatory requirements.

Employee

Makan Consulting Engineers, Abu Dhabi

Aug. 2016 – May 2017

ADCO New Masjid Project Abu Dhabi

Project Management Consultant (PMC) for ADCO

Lead HSE Engineer

Construction of new Masjid in Abu Dhabi beside ADCO main tower Cornish. Total area of the Masjid is 5350 Square meter and Minaret is 45m high and capacity of the Masjid is more than three thousand people. Mainly managing the Contractor, reviewing the risk factor and evaluating in Design during construction Phase. Following and implementation of ADCO HSE Management System and legal requirements and standards.

- Implementation of ADCO HSE Management System and EHSMS as per legal requirements on construction Projects,
- Review Safety manuals/ Plans, Method Statements as per ADCO / AD EHSMS / CEMP rules & regulations.
- Coordinate and lead the contractor monthly HSE and Road safety meetings with senior management.
- Facilitate monthly HSE meetings with all members of the HSE Team to review site issues, upcoming initiatives, training programs and areas of risk and welfare concerns.
- Conducting Induction training for vendors and contractors management
- Conducting awareness training like heat stress, Lesson learned, Life Protection Rules etc
- Conduct and fill out the annual performance report and OHS appraisal audit for contractors.
- Daily monitoring of all contractors site and advice in safety matters, attend weekly contractors progress meeting.
- Conduct Contractors Monthly OHS Meeting, Prepare presentation, topics for discussion, analysis of meeting agenda items (MOM)
- Review and approve OHSMS, Project OHS Plan, Emergency Plan and Project risk register etc..
- Prepare /identify targets for project specific annual OHS assurance program and verify implementations on quarterly.
- Review and approve documents such as Lifting plan, emergency plan, welfare plan, road safety plan and etc.
- Ensure the CONTRACTOR Must developed and implemented emergency response procedures and emergency provisions, which include fire-fighting facilities, communication system, escape rules, Alarm system and rescue team.
- Management of contractors and subcontractors as well as coordination with Clients for HSE. Dealing with construction team to obtain NOC's from regular authorities of Abu Dhabi.
- Negotiating with managers and operators to try to eliminate possible conflicts between safety considerations and production/profit.
- Conduct internal audits of project sites and raise NCRs for any breach and monitor & follow up for the closure of NCRs.
- Monitor and maintain HSE compliance with legal and regulatory requirements.

Employee

Dar Al Handsah Consultants (Shair and Partners)

April 2015 to July 2016

Temporary Guest House Ruwais

Project Management Consultant (PMC) for ADNOC

HSE Engineer

- Implementation and Monitoring of EHSMS as per legal requirements on construction projects.
- Review the safety Manual / Plan, Method Statements as per ADNOC / AD EHSMS / CEMP / rules and regulation.
- Ensure the CONTRACTOR Must developed and implemented emergency response procedures and emergency provisions, which include fire-fighting facilities, communication system, escape rules, Alarm system and rescue team.
- Co-ordination meeting with General Manager and Construction Manager / Project Managers.
- Management of contractors and subcontractors as well as coordination with Clients for HSE.

- Review and approve the HSE plans, procedures and risk assessments and ensure that same are being followed at site.
- Liaise with government entities like Abu Dhabi Municipality and others for organizing set requirements of HSE Management System.
- Conduct internal audits of project sites and raise NCRs for any breach and monitor & follow up for the closure of NCRs.
- Monitor and maintain HSE compliance with legal and regulatory requirements.
- Coordination regarding safety activities with the contractors and other individual contractor who may be working on site.
- Ensure that Company HSE management system is implemented at site in line with International Standards.
- Conduct Trainings of HSE internally on various topics to bridge awareness among staff.
- Updates on upcoming legal and other and other requirements.
- Internal Training on EHSMS in line with AD EHSMS to staff.
- Looking after Project HSE requirements as per ADEHSMS and ADNOC rules and regulations.

Employee

Constructora Sanjose S.A, Abu Dhabi, UAE

Feb. 2014 – March 2015

Louvre Abu Dhabi project

Company: TDIC

Client: ASO (Arabtec, Sanjose, Oger)

HSE Engineer & ERT Coordinator

HSE Department

Monitor and manage DOME Erection contractors that are responsible for Dome erection of the project. Monitor their daily basis activities and manage the overall health and safety management, their main activities was erection of temporary and permanent steel structure erections, daily critical lifting and transporting and shifting of steel structure. Work at height with adequate fall protection system. Monthly auditing conducted, weekly EHS meeting chaired.

- Reporting to HSE manager on regular basis for day-to-day update and planning.
- Controlling the subcontractor's activities, reviewing their HSE policies, audits of subcontractors, issuing of NCR in serious issues, giving awareness of health and safety etc.
- Implementation of HSE policy of the company, permit to work system in work area, making risk assessment of the activities and observes all safety rule and regulations & take necessary action to obtain the require safe work site.
- Controlling the emergency response team, giving rescue trainings of subcontractors, implement the rescue procedures in the work site, conducting different types of drills (Work at height, confined space, medical, fire evacuation), etc.
- Making emergency response plan of different activities, controlling the emergency response team, giving rescue trainings of subcontractors, implement the rescue procedures in the work site, conducting different types of drills (Work at height, confined space, medical, fire evacuation), etc.
- Installation of rescue devices and controlling all activities related to rescue.
- Making rescue plane for the installation and fixation of structure for dome with the help of 1600 tone crawler crane.
- Conducting trainings of contractors and subcontractors of heat stress, emergency response procedures for awareness in case of any emergency.
- Making different scenarios of rescue (work at height rescue, hanging rescue, confined space rescue, rescue with stretcher etc) conducting and performing drills in work area.
- Participate in HSE incident/accident investigation to find the root cause and to apply the corrective action to prevent the reoccurrence.
- Negotiating with managers of contractors and subcontractors for try to eliminate possible conflicts between safety considerations and production/profit

Employee

Feb. 2012 – Jan. 2014

Descon Engineering Limited, Abu Dhabi, UAE

SHAH GAS DEVELOPMENT project (package 2&3)

Shah Process Plant and Sulfur Recovery Unit.

Company: Alhosn Gas

Client: Eni SAIPEM

HSE Engineer

HSE Department

- Take ownership of company's QHSE policy, core, operating values & ensure its implementation.
- Reviewing of method statements JSA according to work specification & Emergency response procedure.
- Coordinating permit to work.
- Sending people for internal and external training about different activities.
- To prepare the (HIRAC) risk analysis of different activities.
- To organize the internal audit and inspections of different activities like equipments inspection, site audits, hygienic audits etc.
- Dealing the representative of client and other contractors to improve the job and site safety to avoid incident or accident.
- Attend job progress meeting to keep update on the current and future plan for the project.
- Conducting safety meetings such as, daily tool box meeting, weekly tool box meeting.
- Negotiating with managers and operators to try to eliminate possible conflicts between safety considerations and production/profit.
- Making reports on results of inspections and investigations and completing detailed paperwork.
- Developing methods to predict possible hazards drawn from experience, historical data and other appropriate information sources (FMEA RULE).
- Arrange HSE trainings for Engineers, Technicians and other staff to create awareness and to develop a Safety culture among the all grades of employees.
- Mock fire drills & Emergency rescue drills are conducted on monthly basis.
- Ensuring Safety while working at higher elevations, heavy erection jobs, Safe use of plant Equipment, welding activities and Electrical Safety.
- Participate in Training of the employee about handling of the oil/chemical and procedure making for the bulk storage of Fuel and spill contingency plans for emergency scenario.
- Observes all safety rule and regulations & take necessary action to obtain require safe work site.

Saipem S.p.A

Additional Responsibilities:

ERT Team Member

- Working as work at height and confined space rescuer direct from Client (Saipem) in the site.
- To check the HSE protocols inside the confined space, to check the rescue procedure.
- To make emergency/rescue procedure in different confined spaces (Reactor, Vessel, Manhole, Pits, Heaters etc) to put rescue devices, conduct and perform drills.

Employee

Berger Paints Pakistan Limited, Lahore

Mar. 2010 – Jan. 2012

QHSE Engineer

QHSE Department

- Job Safety Analysis (JSA).
- Failure Mode and Effects Analysis (FMEA).
- Responsible for overall EHS functions in the company.
- Leading the company wide Environment & Health related activities.
- To update Environment & Health related laws and monitoring company performance against those laws.
- Supporting environment accidents investigation and prevention.
- To monitor (observations) the daily operation/function/activities which are directly or indirectly related to Environment, Health & Safety and to ensure corrective/preventive actions.
- Implementation and maintenance of Environment, Health & Safety system, policies.
- Coordinate with external agencies regarding environmental test.
- Facilitating Safety Steering, Sub & Floor Committee meetings.
- Guiding company management in dealing with government and regulator departments / agencies as a company representative.

- To organize the internal audit activities.
- To conduct the emergency response plan, testing of emergency plan (mock drills).

Production Executive

- Responsible for the planning, execution and production of designated production department
- Responsible to coordinate with Supply Chain and regarding Production Planning & Execution
- Responsible for the training of all supervisors and workers in section

Employee

Oct. 2009 – Mar.2010

Engineering Kinetic LTD

Project: Orient Energy Karachi (Power Plant)

Client: KESC

Trainee HSE Executive

HSE Department

- Coordination meeting with Client and also with sub-contractors.
- Conduct management safety audit (MSA) of the site and with the client.
- Conduct walk through audits of the area daily. Implementation of safe work practices at site.
- Ensure the compliance of PTW at all jobs.
- Preparation and implementation of ERP at site.
- Risk Assessment and Hazard identification
- Reporting to HSE awareness among all the workforce at project through HSE trainings, HSE bulletins, handout and flyers etc.

Professional Certifications, Courses & Trainings

- NEBOSH IGC
- OHSAS 18001, 2007 Lead Auditing (IRCA Approved)
- AD EHS Practitioner Registered from AD EHSMS.
- Trains the Trainer
- OSHA Safety Management Professionals (44 Hrs.).
- Approved Rescuer From SAIPEM Of Confined Space And Work At Height
- Attended one Day training course on Integrated Management system (ISO 9001:2008 & ISO 14000:2004) conducted by QMS-CS in August 2011.
- Breathing Apparatus Training (Third part)(United Safety).
- Breathing Apparatus (SCBA) Training (Third part)(Emirates Tech. & Safety Development Center).
- OSHA Construction Safety 30hrs Course Certificate – Abu-Dhabi
- Special Rescuer training (SEKKER) 12 days.
- Rescue from working at height (SEKKER)
- First Aid Training for Rescuer.
- Basic scaffolding erection (Emirates ERM third party certificate)
- Working At Height.
- Driving Safety.
- Confined Space Safety Course.
- Basic First Aid Training
- PTW Training
- Gas Test Training.
- Fire Fighting Training.

Intern

Pakistan Steel, Karachi, Pakistan.

July 2008 – Aug 2008

- Investigated the workings of a Thermal Power Plant and an Oxygen Plant.
- Visited the Coke Oven By-Product Plant.
- Interacted with the Process Laboratories and investigated the workings of a Cold Rolling Mill.

AWARDS & SCHOLARSHIPS

- Graduated BSc. in Chemical Engineering with a first-class distinction and obtained CGPA= 3.65.
- Received Scholarships in all 2 years of BSc. Chemical Engineering.
- Received Scholarships in Matric and FSc.
- Ranked in the top 10% in Chemical Engineering Examinations.

TERM PAPER & THESIS WORK

- Author of “A Project on Coal Gasification” BSc. Thesis (2009).
- Author of “Production of Perfume” BSc. Process Report (2008).
- Author of “Design of Distillation Tower” BSc. Process Report (2008).

EXTRA CURRICULAR ACTIVITIES

- Represented Punjab Senior and Punjab Junior Table Tennis Teams.
- Represented of Inter - Collegiate Table-Tennis Team, University of the Punjab.
- Member of Sports Committee of ICET.

PERSONALS

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| Marital Status: | Married |
| Religion: | Islam |
| Date of Birth: | March 8, 1987 |
| Driving License: | Valid UAE Driving License |